



Rockwell Collins Craft Club Newsletter March 2015

I do believe Spring is here :)

Almost all the snow is melted and you can actually go outside without a coat some days. I have been a lazy crafter this month, but have had a lot of other things going on too. Too many funerals in our family this month. Next week I am attending the Sewing Expo in Oshkosh, Wisconsin, where I will be my sister's teaching assistant for an all day class on Friday. We will be making a Photo Quilt that is a wall hanging. It holds 24 4x6 photos. I have made one block with 4 photos for practice and my example. Then on Saturday, while she teaches five 1-hour classes, I get to attend other classes. It is run very much like the Expo's in Fennimore and Platteville that we have attended.

- ☀ We had a very small turnout for last month's meeting. Our attendance has been way down for several months now. We need to get our numbers back up. If there is anything you would like to see done differently, please let us know!!!
- ☀ We made little leprechans last month, which turned out quite well, despite our lack of talent at drawing faces. We do have some supplies left if anyone wants to purchase some.
- ☀ **No craft project this month, as it is our Potluck and Bingo day. So be thinking about what tasty dish you will bring.**
- ☀ Our charity for this month will be a new one for us. Bethany Christian Services. They are located at 1642 42nd St NE, Cedar Rapids. They are a marriage, family and adoption therapist facility that helps children in need. We will be collecting money for them.
- ☀ It is with great sadness that I report that Rowena Morehead no longer works for Rockwell, so cannot be a member of our club or our Treasurer any longer. If anyone of you would like to volunteer for this office, please let me know. We will greatly miss Rowena and all her positive energy and contributions to the club.
- ☀ Some of you still need to send in your registration form for the new year that started in October. Form on page 3.
- ☀ If you have any Altoid tins, please save them for Darlene Ozburn.

This Month at a Glance

Next Meeting: Wednesday March 18 at 4:30 Main Plant
<i>Birthdays List</i>
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<i>Membership Registration Form Page 3</i>
<i>Sewing Tips List of Officers Page 4</i>

Happy Birthday!

March

8th — Vi Brislaw

28th — Donna Hepker

29th — Pam Hoffman

March

8th — Donna Gelski

13th — Esther Miceli

16th — Mary Lagerquist

23rd — Marj Pepin



Millions of Americans will don green hats and feast on corned beef, cabbage and green beer to celebrate St. Patrick's Day on March 17, but, two days later, there is another reason to celebrate. March 19 is St. Joseph's Day, the less-known "cousin" to St. Patty's Day.

St. Joseph's Day, or the Feast of St. Joseph, came about in medieval Sicily. During a bad drought and famine, Sicilians prayed to St. Joseph, who was patron of workers and the guardian of family, for help, and the famine ended.

To give thanks for ending the famine, a yearly feast - - consisting of pasta, bread, egg dishes, fish, vegetables and desserts -- is now prepared in his honor. St. Joseph's Tables, as the feast is referred to, can be found in churches, restaurants, homes, and banquet halls across the country.

In Italy, St. Joseph's Day is also meant to honor all fathers, as, according to the Christian Bible, St. Joseph was the husband of Mary and the earthy father of Jesus, and March 19 is his birthday.

"It's a time of getting together, kind of like Thanksgiving," says Antonino Pollaro, president of the St. Joseph Society in Lodi, N.J. in USA Weekend.

What might you find on a traditional St. Joseph's Table?

- St. Joseph's pasta, which is spaghetti with a meatless red sauce, anchovies or sardines, topped with breadcrumbs. The breadcrumbs represent sawdust, a tie to the "working man." (All of the dishes are made without meat because the holiday falls during Lent, when Catholics do not eat meat.)
- Elaborate loaves of bread shaped like St. Joseph's staff.
- Breaded, fried vegetables, particularly cardoon (aka artichoke thistle), and stuffed [artichokes](#).
- Zeppole, a cherry-topped cream puff, and sfinci (fried dough).
- Dried fava beans. These aren't eaten, but rather given away as a sign of good luck because they were one of the foods that made it through the famine in Sicily.

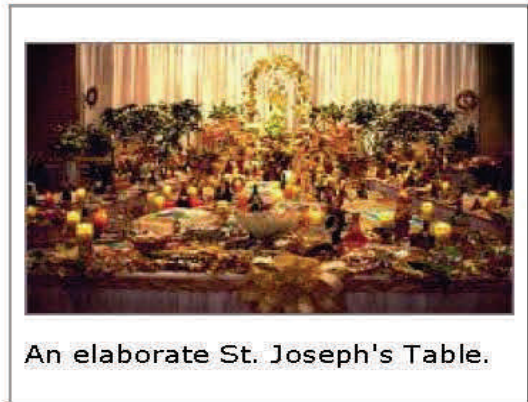
During the feast, people in need, such as orphans, the elderly or the homeless, are often invited to share the food and celebration. Any leftover food is traditionally given away or sold, with the profits donated to help the poor.

In the United States, red is the color that signifies St. Joseph's Day (the reason for this is not known, though it may simply be to rival the green worn on St. Patrick's Day). In areas with European ancestry, you may even find red beer, red flowers and red bread being sold to commemorate the day.

If you're looking for a St. Joseph's Day celebration, one of the largest every year takes place in New Orleans, where there is an elaborate St. Joseph's Day Parade, complete with food, dancing and fava beans. If you're interested in attending, you'll have to wait until next year; this year's parade was early and took place on March 8.

Though typically a Roman Catholic tradition, the generous spirit of St. Joseph's Day appeals to many who want to take time to give thanks, and help those who are less fortunate. And as one Czech proverb says:

"If it is nice on St. Joseph's Day, it will usually be a good year."



An elaborate St. Joseph's Table.



Zeppole, puff-pastry filled with ricotta cheese, vanilla cream or chocolate, is one of the most popular St. Joseph's Day treats. Look for them at Italian bakeries during the month of March.

**ROCKWELL COLLINS CRAFT CLUB
REGISTRATION FORM
FY 2015**

DO NOT SEND CLUB MEMBERSHIP MATERIAL (DUES, REGISTRATION FORM) THROUGH COMPANY MAIL
(CHECKS FOR MEMBERSHIP SHOULD BE MADE PAYABLE TO: ROCKWELL COLLINS CRAFT CLUB)

RETURN TO: Mary Lagerquist
3352 Schmickle Road
Marion, IA 52302

MEMBERSHIP CHAIRPERSON USE ONLY
Check # _____ Cash _____

PLEASE PRINT

PLEASE PRINT

Participant Name: _____

Address: _____ Home or Cell Phone: _____

City: _____ Zip Code: _____
(Zip + 4)

e-Mail Address: _____

May we send the monthly newsletters electronically to your email address? Yes No

If working: Ext. _____ Mail Station _____

Birthday – Month _____ Day _____

Rockwell Collins Association: (Choose the **one** that fits your situation)

CHECK		FILL IN	AMOUNT DUE
<input type="checkbox"/>	Working	Year of Hire?	Fee \$12.00
<input type="checkbox"/>	Retired	Year Retired?	Fee \$12.00
<input type="checkbox"/>	Spouse	Name?	Fee \$12.00
<input type="checkbox"/>	Spouse Retired	Year Retired?	Fee \$12.00
<input type="checkbox"/>	Contract	Agency?	Fee \$12.00
<input type="checkbox"/>	Other		Fee \$12.00

Activity: ROCKWELL COLLINS CRAFT CLUB Participation fee _____

RELEASE:

I understand that the above named activity is sponsored for recreational purposes only. I also understand the nature of the activity including its possible risks and voluntarily register for participation.

I hereby release Rockwell Collins, Inc., from any claims, demands or damages because of injury or death, other than customary and reasonable medical expenses under the existing company medical plan, resulting in any way from participation in this activity.

Signature: _____ Date _____

*Subsidized participants are defined as current employees, retired employees, and spouses of the above. All other participants must pay an amount equivalent to the companies per person subsidy plus individual fee established for this activity. Inclusion of non-subsidized participants will be subject to each individual program's concurrence.

FOR OFFICE USE ONLY:
Total amount received _____
Date _____ Signed _____

"If it is nice on St. Joseph's Day, it will usually be a good year."

I usually watch 3 different sewing shows on PBS on Saturday afternoon . . . Fons & Porter, Sew It All TV, and Sewing with Nancy. These Tips come from Fons & Porter this week:



Marianne & daughter Mary Fons.

To organize and keep track of your interfacing,, slice open an empty paper towel roll (along the length) and enclose the roll of interfacing in it. Write on the cardboard what type of interfacing it is.

If you use iron-on interfacing and get sticky adhesive on your iron, just iron a sheet of Bounce and it will take it right off.

St. Joseph's Day Parade in Cedar Rapids:

Saturday, March 21 — Come down to Czech Village on 16th Avenue SW in Cedar Rapids for the annual St. Joseph's Day Parade. The parade begins at 1:00 p.m. in New Bohemia and ends in Czech Village. Bring the whole family!



What do you get when you cross poison ivy with a four-leaf clover? A rash of good luck.

~Author Unknown

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Please Volunteer
For this position

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